

# **FACULTY OF ARTS & SOCIAL SCIENCES**

SYLLABUS FOR THE

## **SUBJECT: DRUG ABUSE : PROBLEM, MANAGEMENT AND PREVENTION (COMPULSORY PAPER) (VALUE ADDED COURSE)**

for the award of the Degree in

**BACHELOR OF ARTS/ BACHELOR OF SCIENCE**

(Offered under 3-year UG Degree Programme)

(Credit Based Grading System)  
under NEP 2020

**Batch: 2024–27**



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## **GURU NANAK DEV UNIVERSITY AMRITSAR**

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Bachelor of Arts/Bachelor of Science  
Drug Abuse : Problem, Management And Prevention (CBGS)  
(under NEP 2020) (Batch 2024-27) (Semester-I)  
(Faculty of Arts & Social Sciences)

**SCHEME**

**DRUG ABUSE : PROBLEM, MANAGEMENT AND PREVENTION**

**(COMPULSORY PAPER)**

**(VALUE ADDED COURSE)**

**SEMESTER - I**

<b>Sr. No.</b>	<b>Course Code</b>	<b>Course Title</b>	<b>L</b>	<b>T</b>	<b>P</b>	<b>Total Credits</b>	<b>Marks</b>
1.		DRUG ABUSE : PROBLEM, MANAGEMENT AND PREVENTION (COMPULSORY PAPER) (VALUE ADDED COURSE)	2	0	0	2	50

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**SEMESTER-I**

**DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION**

**(COMPULSORY PAPER) (VALUE ADDED COURSE)**

**Time: 3 hours**

**Credits : 2-0-0**  
**Max. Marks: 50**

**Instructions for the Paper Setters:-**

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

**Section – A**

**Meaning of Drug Abuse:**

- 1) Meaning, Nature and Extent of Drug Abuse in India and Punjab.
- 2) Consequences of Drug Abuse for:
 

Individual	:	Education, Employment, Income.
Family	:	Violence.
Society	:	Crime.
Nation	:	Law and Order problem.

**Section – B**

**Management of Drug Abuse:**

- (i) Medical Management: Medication for treatment and to reduce withdrawal effects.
- (ii) Psychiatric Management: Counselling, Behavioural and Cognitive therapy.
- (iii) Social Management: Family, Group therapy and Environmental Intervention, Rehabilitation.

**Section – C**

**Prevention of Drug abuse:**

- (i) Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny.
- (ii) School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.

**Section – D**

**Controlling Drug Abuse:**

- (i) Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program
- (ii) Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

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4. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
5. Kessel, Neil and Henry Walton. 1982, *Alcoholism*. Harmond Worth: Penguin Books.
6. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
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