

FACULTY OF ARTS & SOCIAL SCIENCES

SYLLABUS FOR THE

SUBJECT: DRUG ABUSE : PROBLEM, MANAGEMENT AND PREVENTION (VALUE ADDED COURSE)

for the award of the Degree in

BACHELOR OF ARTS/ BACHELOR OF SCIENCE

(Offered under 3-year UG Degree Programme)

(Credit Based Grading System)
under NEP 2020

Batch: 2026-29



GURU NANAK DEV UNIVERSITY AMRITSAR

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Bachelor of Arts/Bachelor of Science Drug Abuse : Problem, Management And Prevention
(CBGS) (Batch 2026-29) (Semester-I)
(Faculty of Arts & Social Sciences)

SCHEME

DRUG ABUSE : PROBLEM, MANAGEMENT AND PREVENTION

(VALUE ADDED COURSE)

SEMESTER - I

Sr. No.	Course Code	Course Title	L	T	P	Total Credits	Marks
1.	SOA105	DRUG ABUSE : PROBLEM, MANAGEMENT AND PREVENTION (VALUE ADDED COURSE)	2	0	0	2	50

SEMESTER-I

**SOA 105: DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION
(VALUE ADDED COURSE)**

Time: 3 hours

L-T-P

Credits : 2-0-0

Max. Marks: 50

Instructions for the Paper Setters:-

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

SECTION-A

Meaning: Drug Use, Drug Misuse, Drug Abuse and Addiction

Drug Abuse as a Social Problem: How Society is affected?

Common Terms: Dependence, Tolerance and Withdrawal

SECTION-B

Nature and Extent of Drug Abuse in India and Punjab

Social Patterns-Youth, Rural –Urban, Class, Gender and Peer Groups.

Reasons of Drug Abuse: Unemployment, Stress, Family Issues and Peer Pressure.

Basic Idea of Stigma and Labelling: How Society Treats Drug Abusers

SECTION-C

Role of De-Addiction Centers in Curbing Problem of Drug Addiction and Reducing Withdrawal

Counselling Support-Basic Counselling and Behavioral Help

Rehabilitation and Re-Integration-Bringing the person back to Normal Life, Social Work Interventions

SECTION-D

Role of Family: Supervision, Support, Communication and Values

Role of School and Colleges: Counselling, Teacher as Role-Model and Awareness

Community Prevention: Youth Activities, Local Awareness and De-Stigma Approach.

Basic Coordination: Family, School, Health Professional and Community.

Suggested Readings:

1. AM, K. & Raju, R.M. (2025). *A Comparative Analysis of Drug Use Patterns Among Youth in Slum and Affluent Communities of Chennai* Retrieved on 10.02.2026 from [A comparative analysis of drug use patterns among youth in slum and affluent communities of Chennai](#).
2. Agarwal, M.L. (2023). *“Stigma and Substance Use: Perspectives from India”* Anthem Press.
3. Ahuja, Ram (2003), *Social Problems in India*, Rawat Publication, Jaipur.
4. Extent, Pattern and Trend of Drug Use in India, *Ministry of Social Justice and Empowerment*, Government of India, 2004.
5. Ghuman, R.S. (2020). *Drug Abuse in Punjab: Unmasking the Crisis”* NIPCCD.
6. Hugh T. Banks (2018) *Drug Use and Abuse: A Comprehensive Introduction*
7. Jodhka, S. S. (2021) *Youth, Substance Abuse and Addiction in Punjab: A Sociological Study”* Sage Publication.
8. Kapoor. T. (1985) *Drug epidemic among Indian Youth*, New Delhi: Mittal Pub.
9. Modi, Ishwar and Modi, Shalini (1997) *Drugs: Addiction and Prevention*, Jaipur: Rawat Publication.
10. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
11. Nimesh G. Desai. (2022) *Substance Abuse in India: An Enquiry into Cultural and Systemic Aspects”*
12. Ross Coomber and at al. 2013, *Key Concept in Drugs and Society*. New Delhi: Sage Publications.
13. Sain, Bhim 1991, *Drug Addiction Alcoholism, Smoking obscenity* New Delhi: Mittal Publications.
14. Reddy, K.B.N. et. al (2024). A study on Implications of Addiction on Youth of India. *International Journal of Social Sciences & Management*. Volume 4 and Issue 2 Retrieved on 10.02.2026 from [A Study on the Implications of Addiction on the Youth of India.pdf](#)
15. Sandhu, R. S. (2009), *Drug Addiction in Punjab: A Sociological Study*. Amritsar: Guru Nanak Dev University.
16. Singh, C. P. (2000). *Alcohol and Dependence among Industrial Workers*: Delhi: Shipra.

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17. Social work.Institute on Prevention of Substance Abuse (2025). Drug Abuse in India: A look at Youth, Women and Tribal Communities Retrieved on 11.02.2026 from [Drug Abuse in India: A Look at Youth, Women, and Tribal Communities • Social Work Institute](#)
18. Sussman, S and Ames, S.L. (2008). *Drug Abuse: Concepts, Prevention and Cessation*, Cambridge University Press.
19. Verma, P.S. 2017, “*Punjab’s Drug Problem: Contours and Characterstics*”, Economic and Political Weekly, Vol. LII, No. 3, P.P. 40-43.
20. World Drug Report [2016, 2017, 2025] United Nations office of Drug and Crime.